

MPSSAA 4A3A Central Region Swim Champs 2010, Sanction #: PVO-10-213

February 20, 2010

Results - 4A3A Central Regional Championships 2010

Event 1 Men 200 Yard Medley Relay

34ACntrl Rec: 1:47.02 ! 2/16/2008 Bowie High School BOW
A Mateik, J Lilly, A Jennings, T Lynch

Team	Relay	Seed Time	Finals Time	Points
1 Bowie High		1:50.89	1:51.84	40
1) Rigby, Steven FR	2) Jennings, Andrew SR	3) Masino, Thomas SR	4) Webster, David JR	
2 Eleanor Roosevelt High School		1:56.03	1:56.86	34
1) Senecal, Thomas R SR	2) Bailey, Mark W FR	3) Chavez, Daniel A FR	4) Witol, Dennis A FR	
3 Laurel High School		2:04.93	2:19.60	32
1) Kapanoske, Zach SR	2) Quijada, Maury JR	3) Poston, Zach SO	4) Johnson, Ricky SO	
4 Oxon Hill High School		2:22.08	2:21.51	30
1) Steinberger, Chase SO	2) Burns, Drew FR	3) Shaw, Andrew JR	4) Dixon, Alex SO	
5 Bladensburg High School		2:23.31	2:29.80	28
1) Greco, Harry JR	2) Nkeze, Belomy JR	3) Amador, Yorman JR	4) Garcia, Christian FR	
6 Charles H. Flowers		2:12.47	2:33.77	26
1) Robinson, James SR	2) Mayo, Devin FR	3) Hughes, Michael JR	4) Dickerson Jr., Kenneth W SR	
7 DuVal High School		2:39.37	2:42.14	24
1) Florido, Brian JR	2) Collins, Tyler SO	3) Branch, Namir SO	4) Benyella, Melvin SO	
8 High Point High School		2:41.88	2:46.56	22
1) Mengistu, Tewodros FR	2) Flowers, Joesph SO	3) Rufael-Gebreyohannes, Yohana	4) Diasgranados, Alejandro SR	
9 Crossland High School		2:24.84	3:09.37	18
1) Benites, Luis FR	2) Duffer, Geoffrey FR	3) Mahboube, Zakaria SO	4) Mbah, Holy FR	
--- Friendly		2:29.02	DQ	
1) Charles, Calvin	2) Patton, Kyle	3) Bryant, Will	4) Pinkerton, Adryan	

Event 2 Women 200 Yard Medley Relay

34ACntrl Rec: 1:57.56 ! 2/16/2008 Eleanor Roosevelt High School ELR
E Varner, S Goldbeck, K Irish, M Maynard

Team	Relay	Seed Time	Finals Time	Points
1 Eleanor Roosevelt High School		2:04.34	2:05.83	40
1) Like-Mathews, Courtney M SO	2) Varner, Emma J SR	3) Moore, Abby S SO	4) Betman, Callie G JR	
2 Laurel High School		2:10.59	2:10.01	34
1) Raynor, Caitlin B SR	2) Hill, Jade A SO	3) Yeagley, Emily JR	4) Passmore, Meredith JR	
3 Bowie High		2:15.60	2:18.82	32
1) Kaercher, Heather FR	2) Rigby, Alex SR	3) Vizbulis, Blair SO	4) Bendana, Katherine SR	
4 Oxon Hill High School		2:26.54	2:26.50	30
1) Arboleda, Carina SR	2) Kamon, Christa SR	3) Pate, Reina SR	4) Nelson, Raechal SO	
5 Parkdale High School		2:33.93	2:32.60	28
1) Delaney, Dana SO	2) Parry, Megan SR	3) Parry, Rochelle FR	4) Belt, Christina SR	
6 Charles H. Flowers		2:35.33	2:44.88	26
1) Gill, Ashleigh SO	2) Carlisle, Kamilah JR	3) Thompson, Iftin SR	4) Murphy, Kenisha SO	
7 Bladensburg High School		2:49.78	2:49.65	24
1) House, Jaquela SO	2) Ames, Janique SR	3) Cer, Caroline SR	4) Temple, Vaniah JR	
8 Dr. Henry A Wise High School		2:55.56	2:50.35	22
1) Nadeau, Kiele SO	2) Brown, Amadi FR	3) Baker, Sharay JR	4) Williams, Alexis SO	
9 Crossland High School		2:54.85	2:54.99	18
1) Montano, Alva JR	2) Blackwell, Ashley FR	3) Lawson, Alia FR	4) Knight, Jazmyne JR	
--- Friendly		2:41.44	DQ	
1) Chavez, Vivian	2) Matthews, Maleric	3) Griffin, Gabrielle	4) Harrison, Nicole	

Event 3 Men 200 Yard Freestyle

34ACntrl Rec: 1:48.96 ! 2/17/2007 Justin Vagts SRI

Name	Yr School	Seed Time	Finals Time	Points
1 Friedman, Lee R	SO Eleanor Roosevelt High School	1:58.93	2:00.10	20

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(Event 3 Men 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
2 Hendley, Kevin P	SR	Eleanor Roosevelt High School	2:02.81	2:06.81	17
3 LaFemina, William	JR	Bowie High	2:17.21	2:20.87	16
4 Dan, David	JR	Bowie High	2:26.91	2:23.52	15
5 Evans, DJ	SR	Laurel High School	2:42.22	2:35.28	14
6 Poston, Zach	SO	Laurel High School	2:43.36	2:36.09	13
7 Collins, Tyler	SO	DuVal High School	2:58.71	2:44.24	12
8 Bryant, Will		Friendly	2:43.87	2:44.51	11
9 Mazzi, Francis	JR	High Point High School	2:49.55	2:53.41	9
10 Das, Zubin	SO	High Point High School	2:53.20	2:55.70	7
11 Moncera, Kelvin	SR	Oxon Hill High School	2:59.52	2:55.87	6
12 Green, Ravaughn	SR	Oxon Hill High School	2:58.72	2:58.83	5
13 Duffer, Geoffrey	FR	Crossland High School	3:10.10	3:04.61	4
14 Mahboube, Zakaria	SO	Crossland High School	3:14.10	3:09.65	3
15 Robinson, James	SR	Charles H. Flowers	3:09.00	3:11.64	2
16 Louis, Kevin	FR	Charles H. Flowers	3:04.33	3:11.70	1
17 Garcia, Christian	FR	Bladensburg High School	3:15.72	3:13.51	
--- Duncan, Rico	JR	Bladensburg High School	3:30.43	NS	
--- Maravilla, Erick	JR	Largo High School	3:08.14	NS	
--- Harris, Donte' S	SR	Largo High School	3:48.74	NS	

Event 4 Women 200 Yard Freestyle

34ACntrl Rec: 1:56.18 ! 2/14/2009 JoAnna R Yeh			URB		
Name	Yr	School	Seed Time	Finals Time	Points
1 Boluda, Emily A	FR	Eleanor Roosevelt High School	2:15.98	2:13.57	20
2 Betman, Callie G	JR	Eleanor Roosevelt High School	2:13.06	2:14.10	17
3 Carter, Kelsey M	SR	Charles H. Flowers	2:28.18	2:17.15	16
4 Parry, Rochelle	FR	Parkdale High School	2:20.51	2:17.77	15
5 Abadir, Alia M	SO	Charles H. Flowers	2:41.00	2:42.86	14
6 Yeagley, Emily	JR	Laurel High School	2:39.94	2:43.76	13
7 Montano, Alva	JR	Crossland High School	4:08.15	2:50.18	12
8 Armstrong, Brooke	SO	Bowie High	2:47.26	2:52.83	11
9 Harrison, Nicole		Friendly	3:13.13	2:57.67	9
10 Christafaro, Christiana	SO	Bowie High	3:02.63	2:58.95	7
11 Wright, Corey	SO	Parkdale High School	3:00.28	3:01.64	6
12 Olivar, Jennifer	JR	High Point High School	3:17.37	3:27.79	5
13 Knight, Jazmyne	JR	Crossland High School	3:27.93	3:30.45	4
14 Harrison, Tiffany R	FR	Largo High School	3:32.04	3:42.12	3
15 Guevara, Sheyla	JR	Laurel High School	3:34.75	3:42.82	2
16 Knights, Shenice	SR	Dr. Henry A Wise High School	3:36.45	3:44.82	1
17 Jones, Rachel	SO	Oxon Hill High School	3:43.52	3:45.29	
18 Kelliebrew, Morganne	SO	Bladensburg High School	4:05.38	4:00.81	
19 Place, Anissa J	SO	Largo High School	3:50.44	4:00.92	
20 Ferguson, Kanisha	SO	Oxon Hill High School	4:07.60	4:12.87	

Event 5 Men 200 Yard IM

34ACntrl Rec: 2:03.41 ! 2/16/2008 Tim Deklau			ARU		
Name	Yr	School	Seed Time	Finals Time	Points
1 Witol, Dennis A	FR	Eleanor Roosevelt High School	2:12.89	2:13.16	20
2 Webster, David	JR	Bowie High	2:20.15	2:22.61	17
3 McDonough, Patrick M	SR	Eleanor Roosevelt High School	2:28.10	2:29.57	16
4 Shaw, Andrew	JR	Oxon Hill High School	2:27.53	2:31.59	15

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(Event 5 Men 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
5 Masino, Christopher	SR	Bowie High	2:36.65	2:33.40	14
6 Coke, Zawdie	JR	Largo High School	2:33.84	2:37.64	13
7 Mitchell, Arthur J	SR	Charles H. Flowers	2:31.13	2:39.05	12
8 Branch, Namir	SO	DuVal High School	2:41.73	2:42.41	11
9 Greco, Harry	JR	Bladensburg High School	2:54.06	2:56.70	9
10 Colbert, Derrick	SO	Dr. Henry A Wise High School	2:45.91	2:57.09	7
11 Quijada, Maury	JR	Laurel High School	3:04.81	3:01.37	6
12 Raynor, Kyle	FR	Laurel High School	3:06.72	3:04.82	5
13 Mayo, Devin	FR	Charles H. Flowers	3:16.43	3:13.30	4
--- Bonett, Omar	JR	Northwestern High School	2:57.17	DQ	
--- Bryant, David	FR	Bladensburg High School	3:47.50	NS	

Event 6 Women 200 Yard IM

34ACntrl Rec: 2:13.13 ! 2/16/2008

Emily Morse

ELR

Name	Yr	School	Seed Time	Finals Time	Points
1 Like-Mathews, Courtney M	SO	Eleanor Roosevelt High School	2:21.78	2:24.15	20
2 Hill, Jade A	SO	Laurel High School	2:24.86	2:24.40	17
3 Naylor, Emily	SR	High Point High School	2:43.19	2:41.81	16
4 Lapp-Stoltzfus, Cecelia A	FR	Eleanor Roosevelt High School	2:48.83	2:45.81	15
5 Griffin, Gabrielle		Friendly	2:42.41	2:46.61	14
6 Vizbulis, Blair	SO	Bowie High	2:48.18	2:54.08	13
7 Robey, Jessica	JR	Laurel High School	3:10.50	3:12.42	12
8 Parry, Megan	SR	Parkdale High School	3:10.29	3:14.90	11
9 Kamon, Christa	SR	Oxon Hill High School	3:09.19	3:19.07	9
10 Carlisle, Kamilah	JR	Charles H. Flowers	3:27.30	3:22.06	7
11 Lawson, Alia	FR	Crossland High School	3:27.47	3:24.59	6
12 Baker, Sharay	JR	Dr. Henry A Wise High School	3:31.74	3:29.03	5
13 Bangura, Asia	SO	Northwestern High School	3:54.62	4:01.45	4
14 Leon, Nancy	FR	Parkdale High School	3:56.43	4:02.67	3
15 Ames, Janique	SR	Bladensburg High School	4:07.07	4:07.02	2
--- Kaercher, Kathleen	JR	Bowie High	3:09.79	DQ	
--- Cer, Caroline	SR	Bladensburg High School	3:59.34	DQ	

Event 7 Men 50 Yard Freestyle

34ACntrl Rec: 23.44 ! 2/14/2009

Brian Laufer

BOW

Name	Yr	School	Seed Time	Finals Time	Points
1 Bailey, Robert	JR	Parkdale High School	24.07	23.72	20
2 Lynch, Tyler	SR	Bowie High	24.16	23.73	17
3 Briggs, Erric	SR	Charles H. Flowers	25.14	24.27	16
4 Hoover, William	JR	Laurel High School	24.49	24.77	15
5 Scoulios, Theo	SO	Bowie High	25.19	25.30	14
6 Hallada, Daniel H	SR	Eleanor Roosevelt High School	26.06	26.13	13
7 Lindvall, Victor P	FR	Eleanor Roosevelt High School	26.42	26.18	12
8 Diasgranados, Alejandro	SR	High Point High School	26.77	26.23	11
9 Erickson, Hal	JR	Northwestern High School	26.56	27.00	9
10 Weaver, Rashaad T	SR	Charles H. Flowers	27.12	27.24	7
11 Bryant, Will		Friendly	28.28	27.27	6
12 Woods, Sean	SR	Oxon Hill High School	26.90	27.53	5
13 Dixon, Alex	SO	Oxon Hill High School	30.83	29.59	4
14 Charles, Calvin		Friendly	29.06	30.31	3
15 Kapanoske, Zach	SR	Laurel High School	28.72	30.58	2

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Name	Yr	School	Seed Time	Finals Time	Points
16 Amador, Yorman	JR	Bladensburg High School	31.88	30.92	1
17 Davis, Ezekiel	SR	Dr. Henry A Wise High School	34.88	32.63	
18 Ihekwe, Fortune I	SR	Largo High School	37.53	33.02	
19 Mahboub, Zakaria	SO	Crossland High School	31.15	33.59	
20 Mengistu, Tewodros	FR	High Point High School	34.48	35.30	
21 Martin, Jerome	JR	Dr. Henry A Wise High School	37.14	37.17	
22 Benyella, Melvin	SO	DuVal High School	39.64	41.37	
23 Emaikwu, David	SR	DuVal High School	54.63	45.34	
--- Benites, Luis	FR	Crossland High School	43.14	NS	
--- Trujillo, Raul	SO	Bladensburg High School	35.64	NS	
--- Washington, DeAndre L	SR	Largo High School	36.33	NS	

Event 8 Women 50 Yard Freestyle

34ACntrl Rec: 25.67 ! 2/17/2007 Mary Kathryn Harris SRI

Name	Yr	School	Seed Time	Finals Time	Points
1 Chomko, Natasha M	FR	Eleanor Roosevelt High School	27.06	26.93	20
2 Pate, Reina	SR	Oxon Hill High School	27.11	27.06	17
3 Griffin, Gabrielle		Friendly	28.12	28.23	16
4 Hatcher, Brittny S	JR	Charles H. Flowers	29.36	28.58	15
5 Bielec, Kaitlin A	FR	Eleanor Roosevelt High School	29.03	29.03	14
6 Collins, Samantha	SR	Bowie High	29.90	29.48	13
7 Passmore, Meredith	JR	Laurel High School	29.83	29.63	12
8 Kaercher, Heather	FR	Bowie High	29.60	29.91	11
9 Harrison, Nicole		Friendly	32.68	31.05	9
10 Scott, Alexis	SO	Charles H. Flowers	31.33	31.90	7
11 Nelson, Raechal	SO	Oxon Hill High School	33.50	32.65	6
12 Nadeau, Kiele	SO	Dr. Henry A Wise High School	36.00	35.78	5
13 Faulkner, Ashla	JR	Laurel High School	36.72	36.68	4
14 Nguyen, Elizabeth	SO	Parkdale High School	37.93	36.84	3
15 Dudley, Maya	SO	DuVal High School	37.15	37.37	2
16 Belt, Christina	SR	Parkdale High School	35.66	37.46	1
17 Brown, Amadi	FR	Dr. Henry A Wise High School	38.45	38.38	
18 Temple, Vaniah	JR	Bladensburg High School	38.37	40.49	
19 White, Brianna	SO	DuVal High School	40.02	41.61	
20 Oliver, Nicole	FR	Bladensburg High School	44.63	43.95	
21 Valdes, Bibiana	FR	High Point High School	42.21	44.11	
22 Braxton, Daija M	FR	Largo High School	42.86	44.27	
23 Johnson, Kiera	FR	Crossland High School	44.89	44.34	
24 Yates, Amanda	SR	Crossland High School	53.25	45.00	
25 Garcia-Avalos, Dilicia	SO	High Point High School	45.95	46.17	
--- Hall, Sharmayne C	SR	Largo High School	45.47	NS	

Event 11 Men 100 Yard Butterfly

34ACntrl Rec: 55.33 ! 2/14/2009 Artem Shandrenko URB

Name	Yr	School	Seed Time	Finals Time	Points
1 Chavez, Daniel A	FR	Eleanor Roosevelt High School	57.96	59.08	20
2 Webster, David	JR	Bowie High	59.47	59.35	17
3 Coke, Zawdie	JR	Largo High School	1:11.29	1:05.71	16
4 Masino, Thomas	SR	Bowie High	1:07.43	1:06.73	15
5 Dickerson, Norman L	SO	Eleanor Roosevelt High School	1:10.34	1:15.78	14
6 Dinarte, Chris	SO	Laurel High School	1:26.41	1:29.39	13

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(Event 11 Men 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time	Points
7 Pearson, Marcus	SO	Laurel High School	1:45.72	1:30.26	12
8 Mazzi, Francis	JR	High Point High School	1:34.45	1:32.67	11
9 Amador, Yorman	JR	Bladensburg High School	1:43.56	1:39.94	9
10 Rufael-Gebreyohannes, Yohana	SR	High Point High School	1:42.13	1:40.31	7
--- Robinson, James	SR	Charles H. Flowers	1:47.38	DQ	
--- Bryant, David	FR	Bladensburg High School	1:38.72	NS	

Event 12 Women 100 Yard Butterfly

34ACntrl Rec: 58.53 ! 2/17/2007

Sarah Lloyd

SEP

Name	Yr	School	Seed Time	Finals Time	Points
1 Raynor, Caitlin B	SR	Laurel High School	1:07.80	1:03.98	20
2 Varner, Emma J	SR	Eleanor Roosevelt High School	1:08.92	1:09.91	17
3 Lapp-Stoltzfus, Cecelia A	FR	Eleanor Roosevelt High School	1:16.69	1:16.04	16
4 Vizbulis, Blair	SO	Bowie High	1:11.13	1:16.43	15
5 Yeagley, Emily	JR	Laurel High School	1:26.59	1:26.85	14
6 Lawson, Alia	FR	Crossland High School	1:32.40	1:35.84	13
7 Rigby, Alex	SR	Bowie High	1:32.06	1:36.53	12
8 Cer, Caroline	SR	Bladensburg High School	1:54.64	1:52.03	11
9 Austin, Demara	JR	Bladensburg High School	2:45.34	2:31.44	9
--- Thompson, Iftin	SR	Charles H. Flowers	2:05.46	NS	

Event 13 Men 100 Yard Freestyle

34ACntrl Rec: 51.64 ! 2/17/2007

Cort Jones

SRI

Name	Yr	School	Seed Time	Finals Time	Points
1 Friedman, Lee R	SO	Eleanor Roosevelt High School	51.68	51.78	20
2 Bailey, Robert	JR	Parkdale High School	53.97	52.69	17
3 Jennings, Andrew	SR	Bowie High	52.84	53.54	16
4 Lynch, Frank W	SR	Charles H. Flowers	56.09	54.29	15
5 Lynch, Tyler	SR	Bowie High	55.25	54.89	14
6 Hoover, William	JR	Laurel High School	57.43	56.47	13
7 Senecal, Thomas R	SR	Eleanor Roosevelt High School	1:00.46	59.45	12
8 Diasgranados, Alejandro	SR	High Point High School	1:05.48	1:02.72	11
9 Evans, DJ	SR	Laurel High School	1:05.17	1:03.92	9
10 Woods, Sean	SR	Oxon Hill High School	1:04.15	1:04.81	7
11 Burns, Carlton	SO	Oxon Hill High School	1:11.56	1:08.06	6
12 Patton, Kyle		Friendly	1:20.41	1:14.92	5
13 Maravilla, Erick	JR	Largo High School	1:25.60	1:18.46	4
14 Lanza, Carlos	SO	High Point High School	1:26.39	1:22.68	3
15 Florido, Brian	JR	DuVal High School	1:32.51	1:24.09	2
16 Garcia, Christian	FR	Bladensburg High School	1:25.21	1:27.24	1
17 Thomas, Jordan	SO	Northwestern High School	1:26.18	1:28.81	
18 Yoon, Suk Joo	SR	Crossland High School	1:28.10	1:30.74	
19 Martin, Jerome	JR	Dr. Henry A Wise High School	1:34.79	1:35.36	
20 Briggs- Steele, Alex	SO	Dr. Henry A Wise High School	1:58.94	1:39.22	
21 Mbah, Holy	FR	Crossland High School	1:43.22	1:41.48	
22 Pinkerton, Adryan		Friendly	1:40.04	1:42.37	
23 Young, Cordell	SR	DuVal High School	1:55.39	1:43.43	
--- Briggs, Erric	SR	Charles H. Flowers	57.62	NS	
--- Manlangit, John	SO	Bladensburg High School	1:35.29	NS	
--- Washington, DeAndre L	SR	Largo High School	1:37.37	NS	

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Event 14 Women 100 Yard Freestyle

34ACntrl Rec: 52.56 ! 2/17/2007		Emily Lloyd		SEP		
Name	Yr	School	Seed Time	Finals Time	Points	
1	Chomko, Natasha M	FR	Eleanor Roosevelt High School	1:00.29	59.60	20
2	Pate, Reina	SR	Oxon Hill High School	1:01.09	1:00.10	17
3	Parry, Rochelle	FR	Parkdale High School	1:00.30	1:00.49	16
4	Bendana, Katherine	SR	Bowie High	1:03.53	1:01.82	15
5	Moore, Abby S	SO	Eleanor Roosevelt High School	1:02.44	1:02.87	14
6	Passmore, Meredith	JR	Laurel High School	1:08.28	1:07.71	13
7	Abadir, Alia M	SO	Charles H. Flowers	1:11.67	1:12.58	12
8	Collins, Samantha	SR	Bowie High	1:13.80	1:15.61	11
9	Nelson, Raechal	SO	Oxon Hill High School	1:17.45	1:16.31	9
10	Hudson, Mya	JR	Dr. Henry A Wise High School	1:22.12	1:19.59	7
11	Marsden, Morgan	SO	High Point High School	1:22.27	1:21.00	6
12	Gill, Ashleigh	SO	Charles H. Flowers	1:21.54	1:21.38	5
13	Williams, Alexis	SO	Dr. Henry A Wise High School	1:27.53	1:27.24	4
14	Faulkner, Ashla	JR	Laurel High School	1:30.11	1:29.67	3
15	Harrison, Tiffany R	FR	Largo High School	1:27.16	1:30.04	2
16	Dudley, Maya	SO	DuVal High School	1:31.57	1:31.21	1
17	Delaney, Dana	SO	Parkdale High School	1:35.89	1:31.87	
18	Garrett, Alicia	SR	DuVal High School	1:47.00	1:43.00	
19	Johnson, Kiera	FR	Crossland High School	1:52.34	1:45.88	
20	Temple, Vaniah	JR	Bladensburg High School	1:45.36	1:47.06	
21	Matthews, Malerie		Friendly	1:44.31	1:48.78	
22	Chavez, Vivian		Friendly	1:44.34	1:51.32	
23	Sillah, Neneh	JR	Bladensburg High School	2:18.14	2:03.65	
---	Hollowell, Christian	SR	Largo High School	1:34.23	NS	
---	Turner, Brandi	JR	Northwestern High School	1:46.50	NS	

Event 15 Men 500 Yard Freestyle

34ACntrl Rec: 4:51.73 ! 2/17/2007		Charlie Melesh		ANN		
Name	Yr	School	Seed Time	Finals Time	Points	
1	Rigby, Steven	FR	Bowie High	5:16.19	5:16.03	20
2	Chavez, Daniel A	FR	Eleanor Roosevelt High School	5:16.56	5:16.10	17
3	Hendley, Kevin P	SR	Eleanor Roosevelt High School	5:37.28	5:48.31	16
4	Mitchell, Arthur J	SR	Charles H. Flowers	6:37.49	6:35.09	15
5	Steinberger, Chase	SO	Oxon Hill High School	6:39.32	6:37.99	14
6	LaFemina, William	JR	Bowie High	6:45.69	7:03.82	13
7	Poston, Zach	SO	Laurel High School	7:25.61	7:28.16	12
8	Johnson, Ricky	SO	Laurel High School	7:39.83	7:51.03	11
9	Moncera, Kelvin	SR	Oxon Hill High School	8:40.45	8:35.02	9
10	Das, Zubin	SO	High Point High School	8:40.68	9:02.71	7
11	Flowers, Joesph	SO	High Point High School	8:42.63	9:12.40	6

Event 16 Women 500 Yard Freestyle

34ACntrl Rec: 5:10.34 ! 2/14/2009		Hannah E Betman		ELR		
Name	Yr	School	Seed Time	Finals Time	Points	
1	Betman, Callie G	JR	Eleanor Roosevelt High School	5:48.30	5:48.66	20
2	Boluda, Emily A	FR	Eleanor Roosevelt High School	6:04.09	5:54.27	17
3	Carter, Kelsey M	SR	Charles H. Flowers	6:12.75	6:24.34	16
4	Bendana, Katherine	SR	Bowie High	6:35.84	6:33.03	15
5	Robey, Jessica	JR	Laurel High School	7:16.95	7:21.61	14

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(Event 16 Women 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
6 Armstrong, Brooke	SO	Bowie High	8:10.73	8:15.52	13
7 Kelley, Laura	SO	High Point High School	8:07.11	8:41.67	12
8 Wright, Corey	SO	Parkdale High School	8:52.31	8:51.23	11
9 Leon, Nancy	FR	Parkdale High School	9:21.98	9:31.32	9

Event 17 Men 200 Yard Freestyle Relay

34ACntrl Rec: 1:35.34 ! 2/17/2007

South River High School

SRI

C Jones, J Vagts, A Whitaker, R Hanson

Team	Relay	Seed Time	Finals Time	Points
1 Eleanor Roosevelt High School		1:41.81	1:41.02	40
1) Hendley, Kevin P SR	2) McDonough, Patrick M SR	3) Lindvall, Victor P FR	4) Friedman, Lee R SO	
2 Bowie High		1:43.15	1:42.26	34
1) Scoulios, Theo SO	2) Kaercher, Matthew FR	3) Weber, Brandon JR	4) Lynch, Tyler SR	
3 Charles H. Flowers		1:49.42	1:47.79	32
1) Mitchell, Arthur J SR	2) Lynch, Frank W SR	3) Weaver, Rashaad T SR	4) Dickerson Jr., Kenneth W SR	
4 Laurel High School		1:54.18	1:52.61	30
1) Evans, DJ SR	2) Kapanoske, Zach SR	3) Johnson, Ricky SO	4) Hoover, William JR	
5 Oxon Hill High School		1:56.63	1:57.62	28
1) Woods, Sean SR	2) Dixon, Alex SO	3) Shaw, Andrew JR	4) Burns, Carlton SO	
6 Friendly		2:15.06	2:08.50	26
1) Pinkerton, Adryan	2) Charles, Calvin	3) Patton, Kyle	4) Bryant, Will	
7 Bladensburg High School		2:18.60	2:12.27	24
1) Amador, Yorman JR	2) Greco, Harry JR	3) Garcia, Christian FR	4) Biscoe, Kirk SR	
8 High Point High School		2:16.56	2:18.96	22
1) Bonilla-Magana, Daniel SR	2) Mengistu, Tewodros FR	3) Das, Zubin SO	4) Mazzi, Francis JR	
9 Dr. Henry A Wise High School		2:14.23	2:23.23	18
1) Briggs- Steele, Alex SO	2) Martin, Jerome JR	3) Davis, Ezekiel SR	4) Arrington, Frank SR	
--- Largo High School		2:16.84	NS	
1) Coke, Zawdie JR	2) Harris, Donte' S SR	3) Ihekwe, Fortune I SR	4) Maravilla, Erick JR	
--- Crossland High School		2:40.39	NS	
1) Francoeur, Looven FR	2) Mbah, Holy FR	3) Benites, Luis FR	4) Yoon, Suk Joo SR	
--- DuVal High School		2:32.13	NS	

Event 18 Women 200 Yard Freestyle Relay

34ACntrl Rec: 1:45.58 ! 2/17/2007

Severna Park High School

SEP

K Wasserman, K Kline, J Gibbs, E Lloyd

Team	Relay	Seed Time	Finals Time	Points
1 Eleanor Roosevelt High School		1:55.11	1:54.99	40
1) Boluda, Emily A FR	2) Bielec, Kaitlin A FR	3) Chomko, Natasha M FR	4) Moore, Abby S SO	
2 Charles H. Flowers		2:05.53	2:00.70	34
1) Hatcher, Brittney S JR	2) Abadir, Alia M SO	3) Scott, Alexis SO	4) Carter, Kelsey M SR	
3 Bowie High		2:02.16	2:05.98	32
1) Kaercher, Kathleen JR	2) Demetry, Sarah SO	3) Armstrong, Brooke SO	4) Collins, Samantha SR	
4 Oxon Hill High School		2:10.88	2:16.85	30
1) Kamon, Christa SR	2) Nelson, Raechal SO	3) Johnson, Akia SO	4) Pate, Reina SR	
5 Dr. Henry A Wise High School		2:25.58	2:21.34	28
1) Brown, Amadi FR	2) Hudson, Mya JR	3) Baker, Sharay JR	4) Bucknor, Allyssa JR	
6 Laurel High School		2:05.12	2:25.47	26
1) Faulkner, Ashla JR	2) Robey, Jessica JR	3) Yeagley, Emily JR	4) Davis, Rachel JR	
7 Parkdale High School		2:28.64	2:26.45	24
1) Nguyen, Elizabeth SO	2) Belt, Christina SR	3) Leon, Nancy FR	4) Wright, Corey SO	
8 Friendly		2:15.06	2:33.41	22
1) Harrison, Nicole	2) Chavez, Vivian	3) Matthews, Malerie	4) Griffin, Gabrielle	

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(Event 18 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
9 High Point High School		2:36.72	2:36.32	18
1) Olivar, Jennifer JR	2) Marsden, Morgan SO	3) Valdes, Bibiana FR	4) Donn, Lisa SO	
10 DuVal High School		2:51.01	2:49.70	14
1) White, Brianna SO	2) Diallo, Nene JR	3) Garrett, Alicia SR	4) Dudley, Maya SO	
11 Crossland High School		2:56.09	3:03.98	12
1) Yates, Amanda SR	2) Montano, Alva JR	3) Johnson, Kiera FR	4) Knight, Jazmyne JR	
--- Bladensburg High School		2:10.90	DQ	
1) Ames, Janique SR	2) Cer, Caroline SR	3) House, Jaquela SO	4) Temple, Vaniah JR	
--- Largo High School		2:50.79	NS	
1) Braxton, Daija M FR	2) Hall, Sharmayne C SR	3) Harrison, Tiffany R FR	4) Hollowell, Christian SR	

Event 19 Men 100 Yard Backstroke

34ACntrl Rec: 58.09 ! 2/14/2009 Kevin A Roeder

GTJ

Name	Yr	School	Seed Time	Finals Time	Points
1 Rigby, Steven	FR	Bowie High	1:01.28	1:01.10	20
2 Witol, Dennis A	FR	Eleanor Roosevelt High School	1:01.65	1:02.14	17
3 Jennings, Andrew	SR	Bowie High	1:01.46	1:02.84	16
4 Senecal, Thomas R	SR	Eleanor Roosevelt High School	1:06.84	1:07.29	15
5 Lynch, Frank W	SR	Charles H. Flowers	1:10.77	1:08.79	14
6 Erickson, Hal	JR	Northwestern High School	1:13.70	1:13.93	13
7 Steinberger, Chase	SO	Oxon Hill High School	1:17.55	1:18.88	12
8 Weaver, Rashaad T	SR	Charles H. Flowers	1:15.97	1:19.97	11
9 Greco, Harry	JR	Bladensburg High School	1:18.88	1:20.60	9
10 Burns, Carlton	SO	Oxon Hill High School	1:33.83	1:26.81	7
11 Kapanoske, Zach	SR	Laurel High School	1:27.12	1:28.17	6
12 Carmen, David	JR	Laurel High School	1:43.77	1:47.70	5
13 Florido, Brian	JR	DuVal High School	1:45.60	1:49.42	4
14 Davis, Ezekiel	SR	Dr. Henry A Wise High School	1:48.94	1:49.51	3
15 Mengistu, Tewodros	FR	High Point High School	1:54.65	2:01.96	2
16 Lanza, Carlos	SO	High Point High School	2:09.99	2:10.14	1
--- Samuel, Eben	JR	Bladensburg High School	1:53.96	NS	
--- Benites, Luis	FR	Crossland High School	2:41.43	NS	

Event 20 Women 100 Yard Backstroke

34ACntrl Rec: 1:02.25 ! 2/17/2007 Emily Lloyd

SEP

Name	Yr	School	Seed Time	Finals Time	Points
1 Like-Mathews, Courtney M	SO	Eleanor Roosevelt High School	1:03.77	1:04.90	20
2 Raynor, Caitlin B	SR	Laurel High School	1:06.44	1:05.47	17
3 Moore, Abby S	SO	Eleanor Roosevelt High School	1:07.68	1:08.15	16
4 Naylor, Emily	SR	High Point High School	1:17.19	1:15.22	15
5 Hatcher, Brittney S	JR	Charles H. Flowers	1:19.91	1:20.56	14
6 Kaercher, Heather	FR	Bowie High	1:24.81	1:23.80	13
7 Kaercher, Kathleen	JR	Bowie High	1:26.74	1:28.00	12
8 House, Jaquela	SO	Bladensburg High School	1:41.69	1:33.43	11
9 Arboleda, Carina	SR	Oxon Hill High School	1:37.25	1:34.21	9
10 Gill, Ashleigh	SO	Charles H. Flowers	1:43.33	1:42.15	7
11 Delaney, Dana	SO	Parkdale High School	1:49.52	1:44.85	6
12 Marsden, Morgan	SO	High Point High School	1:42.05	1:44.98	5
13 Lewis, Jazmin	JR	Dr. Henry A Wise High School	2:04.37	1:50.17	4
14 Hopewell, Imani	SR	Laurel High School	2:07.25	1:51.99	3
15 Jones, Rachel	SO	Oxon Hill High School	1:51.75	1:53.25	2
16 Bucknor, Allyssa	JR	Dr. Henry A Wise High School	1:54.64	1:54.47	1

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(Event 20 Women 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
17 White, Brianna	SO	DuVal High School	2:02.50	1:58.37	
18 Comendador, Camille	JR	Bladensburg High School	2:09.88	2:00.83	
19 Nguyen, Elizabeth	SO	Parkdale High School	2:10.51	2:01.46	
20 Yates, Amanda	SR	Crossland High School	2:10.59	2:28.14	
21 Chavez, Vivian		Friendly	2:20.69	2:37.60	
--- Hall, Sharmayne C	SR	Largo High School	2:39.03	NS	
--- Melgarez, Iris	SR	Northwestern High School	2:17.69	NS	

Event 21 Men 100 Yard Breaststroke

34ACntrl Rec: 1:03.62 ! 2/16/2008

James Lilly

BOW

Name	Yr	School	Seed Time	Finals Time	Points
1 Masino, Thomas	SR	Bowie High	1:09.53	1:11.46	20
2 McDonough, Patrick M	SR	Eleanor Roosevelt High School	1:12.09	1:12.26	17
3 Masino, Christopher	SR	Bowie High	1:13.73	1:12.62	16
4 Branch, Namir	SO	DuVal High School	1:19.43	1:14.18	15
5 Bailey, Mark W	FR	Eleanor Roosevelt High School	1:13.93	1:14.34	14
6 Quijada, Maury	JR	Laurel High School	1:24.05	1:19.03	13
7 Shaw, Andrew	JR	Oxon Hill High School	1:18.15	1:20.80	12
8 Collins, Tyler	SO	DuVal High School	1:26.40	1:25.02	11
9 Bonett, Omar	JR	Northwestern High School	1:28.60	1:25.12	9
10 Duffer, Geoffrey	FR	Crossland High School	1:26.66	1:25.13	7
11 Mayo, Devin	FR	Charles H. Flowers	1:28.17	1:27.52	6
12 Dinarte, Chris	SO	Laurel High School	1:28.94	1:29.05	5
13 Colbert, Derrick	SO	Dr. Henry A Wise High School	1:28.92	1:29.08	4
14 Charles, Calvin		Friendly	1:32.31	1:34.38	3
15 Flowers, Joesph	SO	High Point High School	1:46.11	1:41.08	2
16 Nkeze, Belomy	JR	Bladensburg High School	1:28.52	1:41.25	1
17 Burns, Drew	FR	Oxon Hill High School	1:51.44	1:42.86	
18 Nguyen, Long	SR	Bladensburg High School	1:39.39	1:43.65	
19 Hughes, Michael	JR	Charles H. Flowers	1:34.77	1:43.75	
20 Patton, Kyle		Friendly	1:52.03	1:45.27	
--- Arrington, Frank	SR	Dr. Henry A Wise High School	1:32.77	NS	
--- Bonilla-Magana, Daniel	SR	High Point High School	2:01.86	NS	

Event 22 Women 100 Yard Breaststroke

34ACntrl Rec: 1:11.51 ! 2/14/2009

Jade Hill

LAU

Name	Yr	School	Seed Time	Finals Time	Points
1 Hill, Jade A	SO	Laurel High School	1:12.53	1:13.25	20
2 Varner, Emma J	SR	Eleanor Roosevelt High School	1:15.59	1:16.78	17
3 Parry, Megan	SR	Parkdale High School	1:28.34	1:28.13	16
4 Senecal, Kathleen E	SO	Eleanor Roosevelt High School	1:25.90	1:28.80	15
5 Rigby, Alex	SR	Bowie High	1:31.40	1:29.01	14
6 Demetry, Sarah	SO	Bowie High	1:30.02	1:30.76	13
7 Kelley, Laura	SO	High Point High School	1:30.97	1:30.81	12
8 Carlisle, Kamilah	JR	Charles H. Flowers	1:34.87	1:35.60	11
9 Kamon, Christa	SR	Oxon Hill High School	1:35.16	1:35.99	9
10 Blackwell, Ashley	FR	Crossland High School	1:53.40	1:51.36	7
11 Brown, Amadi	FR	Dr. Henry A Wise High School	1:55.86	1:51.96	6
12 Garrett, Alicia	SR	DuVal High School	1:54.50	1:54.95	5
13 Ames, Janique	SR	Bladensburg High School	1:50.14	1:55.24	4
14 Bangura, Asia	SO	Northwestern High School	2:01.32	1:57.68	3

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(Event 22 Women 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
15 Davis, Rachel	JR	Laurel High School	2:05.37	2:02.41	2
16 Ferguson, Kanisha	SO	Oxon Hill High School	2:23.66	2:15.98	1
17 Kelliebrew, Morganne	SO	Bladensburg High School	2:26.40	2:27.50	
--- Olivar, Jennifer	JR	High Point High School	2:16.99	DQ	
--- Matthews, Malerie		Friendly	2:50.36	DQ	
--- Thompson, Iftin	SR	Charles H. Flowers	1:55.67	NS	

Event 23 Men 400 Yard Freestyle Relay

34ACntrl Rec: 3:30.63 ! 2/14/2009

Urbana High School

URB

A Shandrenko, C Steinheimer, C Howard, G Knapp

Team	Relay	Seed Time	Finals Time	Points
1 Bowie High	B	3:39.56	3:37.66	40
1) Webster, David JR	2) Jennings, Andrew SR	3) Rigby, Steven FR	4) Lynch, Tyler SR	
2 Eleanor Roosevelt High School		3:52.88	3:40.82	34
1) Chavez, Daniel A FR	2) Witol, Dennis A FR	3) Hendley, Kevin P SR	4) Friedman, Lee R SO	
3 Charles H. Flowers		4:13.76	4:18.52	32
1) Weaver, Rashaad T SR	2) Dickerson Jr., Kenneth W SR	3) Mitchell, Arthur J SR	4) Lynch, Frank W SR	
4 Laurel High School		4:29.20	4:23.49	30
1) Poston, Zach SO	2) Evans, DJ SR	3) Quijada, Maury JR	4) Hoover, William JR	
5 Oxon Hill High School		5:03.78	4:46.40	28
1) Woods, Sean SR	2) Burns, Carlton SO	3) Green, Ravaughn SR	4) Steinberger, Chase SO	
6 DuVal High School		5:47.41	5:29.36	26
1) Branch, Namir SO	2) Collins, Tyler SO	3) Florido, Brian JR	4) Benyella, Melvin SO	
7 High Point High School		5:31.67	5:36.60	24
1) Rufael-Gebreyohannes, Yohana	2) Diasgranados, Alejandro SR	3) Das, Zubin SO	4) Mazzi, Francis JR	
8 Crossland High School		6:10.67	6:05.64	22
1) Duffer, Geoffrey FR	2) Mbah, Holy FR	3) Yoon, Suk Joo SR	4) Mahboube, Zakaria SO	
--- Bladensburg High School		6:35.23	NS	
1) Biscoe, Kirk SR	2) Manlangit, John SO	3) Wingfield, Travis SO	4) Duncan, Rico JR	
--- Largo High School		6:29.83	NS	
1) Coke, Zawdie JR	2) Harris, Donte' S SR	3) Ihekwe, Fortune I SR	4) Maravilla, Erick JR	

Event 24 Women 400 Yard Freestyle Relay

34ACntrl Rec: 3:47.42 ! 2/14/2009

Urbana High School

J Jimenez, A Santis, K Lake, J Yeh

Team	Relay	Seed Time	Finals Time	Points
1 Eleanor Roosevelt High School		4:11.49	4:13.72	40
1) Chomko, Natasha M FR	2) Betman, Callie G JR	3) Varner, Emma J SR	4) Like-Mathews, Courtney M SO	
2 Laurel High School		4:27.81	4:26.60	34
1) Robey, Jessica JR	2) Passmore, Meredith JR	3) Hill, Jade A SO	4) Raynor, Caitlin B SR	
3 Bowie High		4:38.78	4:32.50	32
1) Kaercher, Heather FR	2) Vizbulis, Blair SO	3) Kaercher, Kathleen JR	4) Bendana, Katherine SR	
4 Parkdale High School		5:11.74	5:14.94	30
1) Belt, Christina SR	2) Wright, Corey SO	3) Parry, Rochelle FR	4) Parry, Megan SR	
5 Charles H. Flowers		5:06.35	5:27.33	28
1) Carter, Kelsey M SR	2) Hatcher, Brittney S JR	3) Murphy, Kenisha SO	4) Carlisle, Kamilah JR	
6 High Point High School		5:14.05	5:44.85	26
1) Olivar, Jennifer JR	2) Kelley, Laura SO	3) Naylor, Emily SR	4) Valdes, Bibiana FR	
7 Crossland High School		6:07.15	5:57.25	24
1) Knight, Jazmyne JR	2) Montano, Alva JR	3) Blackwell, Ashley FR	4) Lawson, Alia FR	
8 Dr. Henry A Wise High School		6:13.15	6:24.21	22
1) Knights, Shenice SR	2) Hudson, Mya JR	3) Gaines- Still, Tiara SR	4) Lewis, Jazmin JR	

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(Event 24 Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
9 Oxon Hill High School		6:24.24	6:37.47	18
1) Ferguson, Kanisha SO	2) Arboleda, Carina SR	3) Johnson, Akia SO	4) Jones, Rachel SO	
10 DuVal High School		7:12.07	7:21.00	14
1) Diallo, Nene JR	2) White, Brianna SO	3) Garrett, Alicia SR	4) Dudley, Maya SO	
11 Bladensburg High School		8:01.48	8:27.85	12
1) Austin, Demara JR	2) Williams, Chanyce FR	3) Daniels, Korpo JR	4) Sillah, Neneh JR	
--- Largo High School		6:43.66	NS	
1) Braxton, Daija M FR	2) Hall, Sharmayne C SR	3) Harrison, Tiffany R FR	4) Hollowell, Christian SR	

Scores - Women

Women - Team Rankings - Through Event 24

1. Eleanor Roosevelt High School	398	2. Bowie High	284
3. Laurel High School	260	4. Charles H. Flowers	212
5. Parkdale High School	179	6. Oxon Hill High School	157
7. High Point High School	115	8. Dr. Henry A Wise High School	105
9. Crossland High School	96	10. Bladensburg High School	73
11. Friendly	70	12. DuVal High School	36
13. Northwestern High School	7	14. Largo High School	5

Scores - Men

Men - Team Rankings - Through Event 24

1. Bowie High	374	2. Eleanor Roosevelt High School	368
3. Laurel High School	246	4. Charles H. Flowers	193
5. Oxon Hill High School	188	6. High Point High School	145
7. DuVal High School	105	8. Bladensburg High School	82
9. Friendly	54	9. Crossland High School	54
11. Parkdale High School	37	12. Largo High School	33
13. Dr. Henry A Wise High School	32	14. Northwestern High School	31